



Office of the Associate Minister of Mental Health and Addictions  
MLA, Calgary - West

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Linda Sahli  
Registrar and CEO  
Association of Counselling Therapy of Alberta (ACTA)  
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Dear Linda Sahli:

I am writing today to provide an update on further work we are planning to undertake with respect to the regulation of counselling therapists, addiction counsellors, and child and youth care counsellors.

I know that you are very eager to see the College of Counselling Therapy of Alberta established and the regulation of counselling therapists, addiction counsellors, and child and youth care counsellors approved.

However, before any decision is made on this matter, I have asked Alberta Health to undertake additional consultations with:

- First Nations and Métis leadership in Alberta;
- Service providers; and
- Government and non-government employers.

To be clear, these consultations will be undertaken by Alberta Health, not ACTA. We thank ACTA for its advocacy for the profession, and we look forward to further collaboration once extensive government-led consultation is complete. There is no established timeline for these consultations.

If you have any questions, please contact Paul Smith, Assistant Deputy Minister, Health Workforce Planning and Accountability Division, Alberta Health, at 780-427-5017 or [Paul.C.Smith@gov.ab.ca](mailto:Paul.C.Smith@gov.ab.ca).

Sincerely,

Mike Ellis  
Associate Minister of Mental Health and Addictions

cc: Honourable Jason Copping, Minister of Health

